



beat the clock

GET TIME ON YOUR SIDE

60 seconds with Katie Brown

TV's down-to-earth domestic guru shares ideas on how to get the most out of your weekends.

How can we make sure our weekends aren't crowded with errands and to-do's?

Set aside a three- or four-hour chunk of time to run all your errands. Once that time is up, say, "I'm checked out," and spend the rest of the weekend doing the things you *want* to do.

What weekend item can't you live without?

A spiral notebook where I jot down ideas for fun weekend activities—visiting a museum that just opened, taking a walk, or picking apples. It helps me keep track of everything I don't want to miss and plan for my weekend before it starts.

What's one thing you do on Friday to jump-start the weekend?

I buy all of my food for the weekend and have a cook-off on Friday night. I might roast three chickens and cook up a bunch of vegetables. Then, I use the chicken for hash in the morning or a barbecue sandwich at dinner, and the vegetables for a stir-fry or soup. That way, I don't spend half of each day in the kitchen.

Do you have a favorite rainy-Sunday activity?

When my 22-month-old daughter, Prentiss, gets older, I'd like to do the crafts with her that my mom used to do with my sister and me. She would trace our silhouettes on big pieces of paper, then we'd decorate them with faces and little dresses. But for now, there's nothing like a good Lifetime movie on a rainy day.

March has four weekends. What will you do with the extra time?

Sleep in!

“Make a plan before you start the weekend—otherwise, one day seeps into another and, before you know it, it's gone.”

Brown is the host of A&E's *All Year Round with Katie Brown*. Her book, *Katie Brown's Weekends*, is available in bookstores now.



tip

Try something new on a free Saturday—a food, a sport, even a movie by a director whose work you've never seen.